

Memo

To: First Nation Communities, UNFC, Sunset Country Metis, and Other Partner Organizations

From: Shanna Weir – Executive Director

Cc: GHAC Board of Directors

Date: March 19, 2020

Gizhewaadiziwin Health Access Centre Update

We wanted to keep you advised of changes and additional relevant information during this pandemic time.

GHAC continues to provide support and primary care services via telephone. If you have any concerns, please contact us by phone. Access to the facility is currently limited. We have also implemented a rotation schedule to minimize the number of staff in the facility at any given time. We want to ensure we keep our staff healthy to continue to support each other and our clients.

Remember....to follow all public health precautionary measures at all times.

- Maintain social distancing (recommended 2 m)
- Stay home if you are ill
- Practice good hand hygiene (wash hands often with soap and water or use hand sanitizer)
 - Before and after going to the washroom, eating, touching “high touch” surfaces, and after coughing or sneezing
- Cough and/or Sneeze into a Kleenex or your arm/elbow.
- Practice good infection control measures in your office, car and home.
 - Empty garbage from in your home frequently (especially if someone is ill)
 - Disinfect/wipe down high touch surfaces (door knobs, fridge, stove and microwave handles, light switches, sink taps)

We want everyone to stay healthy!

1460 Idylwild Drive, Fort Frances
T: 807-274-3131 W: www.gizhac.com

Also attached is the announcement of the opening of the local Assessment Centre through Riverside. Information on how and when to access the assessment centre is outlined.

There are many means of communication and keeping up to date these days through websites and social media (most have facebook pages also). Here are some websites to seek out updates and information:

www.gizhac.com (Gizhewaadiziwin Health Access Centre)

www.fftahs.org (Fort Frances Tribal Area Health Services)

www.gct3.ca (Grand Council Treaty #3)

www.health.gov.on.ca (Ministry of Health)

www.canada.ca/en/public-health (Public Health Agency of Canada)

CONTACT NUMBERS:

Gizhewaadiziwin Health Access Centre – 807-274-3131

Fort Frances Tribal Area Health Services – 807-274-2042

Rainy Lake First Nations Pharmacy – 807-274-3319

Telehealth Ontario – 1-866-797-0000

Northwestern Health Unit – 807-274-9827 or 807-468-7109